**April 15, 2010** 

U.S. Army Garrisons Vicenza & Livorno

www.USAG.Vicenza.Army.Mil

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A listing of available jobs in the community.

There is a nationwide, 24-hour rail strike planned April 22 – 23, and an intra-city public transportation strike impacting buses, trams, and metro systems April 23-24.

### Vicenza welcomes home E-106 Finance



Photo by Laura Kreider

Sgt. 1st Class (p) Bunesiha James is welcomed home by a big kiss from her daughter, 5-year-old Jasmyne, and her husband, Gregory, holding a sign. James and fellow Soldiers in Detachment E, 106th Finance Management Company, returned from a year-long deployment to Afghanistan, April 7 at Hoekstra parade field. See more photos at www.flickr.com/photos/usagvicenza/.

### 14th Transportation officially takes charge in Balad

**By 1st Lt. LAWRENCE K. PAUSTIAN**14th Transportation Battalion

Joint Base Balad, Iraq - The 14th Transportation Battalion (Movement Control) from Vicenza officially took charge of movement control operations in Iraq during a transfer of authority ceremony at April 3.

Over the next year the "RELIABLE" team will be a central player in the massive drawdown of U.S. troops and equipment in Iraq.

During the ceremony, the 49th Transportation Battalion (Movement Control) cased the colors in preparation for their return to Fort Hood, Texas.

Following this, Lt. Col. James A. Rupkalvis, commander, 14th Trans. Bn., and Command Sergeant Major Jason A. Runnels, the battalion's command sergeant major, uncased their colors to mark the transfer of authority.

The battalion assumes command and control of 16 Army and Air Force movement control teams spread throughout the 167,000 square-mile-area of Iraq.

In his speech, Brig. Gen. Paul L. Wentz, commanding general of the 13th Sustainment Command (Expeditionary), higher headquarters for the 14th during this deployment, called the upcoming mission a "historic event for all of us here."

See 14TH TRANS Page 3

This is a mission
I know you and
your Soldiers have
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ready to assume.
Next to the Army
flag, I don't think I've
seen colors with so
many streamers on it.

Brig. Gen. Paul L. Wentz 13th Sustainment Command (Expeditionary)



Courtesy photo

Cassandra Night Thunder plays with Tres Elder at her home where she is a home childcare provider. The U.S. military community is seeking more providers. For information, call Gail Penrod at 634-7615. For job listings, see page 8.

# **Employment Readiness offers job seekers advice**

Reid Buckland

ACS Employment Readiness Program Manager

There are many factors involved with finding employment on post but the first and most important step in applying for any position, whether it is appropriated fund, non-appropriated fund or contract, is to have a strong, well-prepared and professional resume prepared.

Many clients who seek assistance at the Employment Readiness Office are applying for an employment vacancy that closes on the same day but do not have a resume written yet. A well-written resume takes time and a quick-fix resume can easily be observed by the hiring manager.

ACS has numerous reference manuals on writing functional and chronological resumes in the Employment Readiness Computer Lab.

See EMPLOYMENT Page 3

### Garrison news

# Post to celebrate Earth Day with post clean-up, educational events

By NICCOLO COSTANTINI

USAG Vicenza Environmental Division

Earth Day is celebrated every year on April 22, and this year's events at the Vicenza military community include a post clean-up and educational events.

USAG Vicenza Environmental Division has prepared, together with the community, several initiatives throughout the Earth Day week, including tours of the Eco-Center and the Co-Generation Plant for Caserma Ederle students and an Earth Day booth at the PX.

For the post clean-up, each unit and organization will be responsible for their area, and residents will be responsible for their homes and yards. Tools and supplies are available at the Self-Help building at Villaggio.

Each year, the U.S. Army celebrates Earth Day at approximately 200 major commands, installations and organizations in the continental United States and around the world. The Army Earth Day theme is "Sustaining the Environment for a Secure Future", and it reflects the commitment to sustainability and environmental stewardship as

stated in the Army Strategy for the Environment.

USAG Vicenza is one of the most proactive overseas installation in environmental stewardship and in reducing the "Environmental Bootprint" of the garrison, without affecting the mission, according to Thomas Blackmer, USAG Vicenza's environmental chief.

"Success takes commitment by the whole community at all levels taking an interest in conserving and protecting our natural resources," Blackmer said. "We can all do a better job at recycling and energy conservation, and protecting the environment."

USAG Vicenza was the third installation in Europe to declare conformance to the Environmental Management System in support of standards which serve the garrisons' commitment to protect and conserve limited resources.

Earth Day was founded by U.S. Senator Gaylord Nelson (D-Wisconsin) in 1970. The first year, approximately 20 millions Americans participated in the event. This year is the 40th anniversary of the event, and more than one billion



File photo by Laura Kreider

Children help plant a tree on Caserma Ederle during a past Earth Day event. The annual spring clean-up of the installation, housing areas and other military-controlled areas will take place on Earth Day, April 22, along with other activities.

people in over 190 countries are expected to participate.

This year, the Environmental Protection Agency is reaching out to people of different backgrounds to encourage them to "own" the environment, to commit to environmental protection as one of their top priorities. Many people don't see environmentalism as an important issue in their lives, while having clean air to breathe and water to drink is important to all of us, Blackmer said.

To learn more, visit the environmental experts at the PX April 22 from 10 a.m. to 2 p.m. for information on energy conservation and to receive free energy savings promotional items.

Visit the Army's Earth Day Web site at http://aec.army.mil/usaec/newsroom/earthday00.html.

### Emotional wellness, healthy personal lifestyle too important to keep putting off

By Dr. DEANNA BEECH

Chief, Child and Adolescent Psychology

owadays you hear the words wellness and resiliency a lot, but what do they really mean? If I get up and get the kids to school and make it to the gym am I resilient? Do I have wellness? Yes, but it's more than that.

Emotional well-being suggests that we are doing more than coping. We are comfortable in our own skin, or even thriving.

I can imagine what you're thinking... "I have so much to do I don't have time to add 'stress management' to my 'to do' list." Even though it is true that we live busy lives and constantly have to manage the real world fears that face us as military families, we can do some little things to make our

lives better.

For instance, we can choose to look on the bright side. Whether you are pessimistic or optimistic about the things life is bringing you is really is up to you. It is just a pattern of thoughts, a habit. Habits are hard to change, but they can be changed. How? The simplest way to start shifting your thinking is to catch yourself saying or thinking negative things and then immediately say, "... but, aren't I lucky that \_\_\_\_\_."

Fill in the blank with the good things that are also true about your life at that moment.

Another good idea is to try to pay attention to the little blessings that happen through out the day. The big blessings are easy to name and remembering them really does help us feel good. Try counting them too. For example, tell yourself "I'm lucky I have a loving family, ...). Try to find the little things that make you feel good and intentionally be thankful

for them. Notice little things like walking into the Shoppette when the fresh cookies are baking and you get to smell the delicious aroma and remember mom making them for you when you were a kid.

I confess, it's a mind game. But either way, you are playing a mind game. Since you are going to play one, I recommend it be the game that will make you feel better.

And, let's be real – even if you are the most optimistic person on post, things happen and you're going to have feelings about it. Using these tricks does not mean that you are going to feel good all the time. So what is the next step? When it doesn't feel good - do something to make yourself feel better. I'm not talking about going shopping. Yes, that can be fun and it can help you feel better, but it tends to be short lived.

See EMOTIONAL WELLNESS Page 4

### Speak Out

### What do you like about the Veneto Region?



Chealsea Sias
9th grader
"I think that it is
ice and supplies

"I think that it is very nice and supplies what is needed, and more. For example, the Camisano market."



Michael, Micah (2) and Victoria Payne U.S. Army Africa G-1

"The market in Vicenza on Thursdays; the rolling hills and mountains near Padova."



Patricia Salerno DODEA

"It's clean, organized, has great wine and wonderful risotto, especially 'con asparagi'."



Luca Harbeson CDC

"I love the scenery, especially mountain roads."



Kenneth Martin Health Center

"Having been here only a month I didn't have a chance to see a lot, but I like Venice and Piazza San Marco."

### Garrison news

# ICE Spotlight: AWC staff 'enthusiasm is contagious'



The Outlook will occasionally publish ICE feedback, highlighting some of the installation's outstanding employees.

To leave ICE feedback, visit <a href="http://www.usag.vicenza.army.mil">http://www.usag.vicenza.army.mil</a> and click on the ICE link, or go directly to the Vicenza ICE site at <a href="http://ice.disa.mil/index.cfm?fa=site&site\_id=321">http://ice.disa.mil/index.cfm?fa=site&site\_id=321</a> to submit your comments, concerns or suggestions.

The following comment was submitted Feb. 12 by a community member :

The Wellness Center is such an asset to our community. I'm impressed with its staff and array of programs. Lacy Wolff and her team do an excellent job of making you feel welcome and motivating you to be a better 'self.' Their enthusiasm is contagious!

Lacy Wolff is Vicenza's Army Wellness Center program manager.

(Photo by Laura Kreider)



Courtesy photo

The 14th Transportation Battalion (Movement Control) stands in formation during the transfer of authority ceremony April 3 in Balad, Iraq. The battalion assumed command and control of 16 Army and Air Force Movement Control Teams spread throughout the 167,000-square-mile area of Iraq.

### **14th Trans. begins drawdown mission**

continued from Page 1

"This is a mission I know you and your Soldiers have prepared for and are ready to assume," he said.

Wentz also commented on the lineage of the battalion.

"Next to the Army flag, I don't think I've seen colors with so many streamers on it," he said. Rupkalvis echoed that sentiment.

"Today marks the beginning of another chapter in the celebrated history of our unit and I can tell you without hesitation or reservation that you are trained and ready to accomplish the mission," he said.

The 14th Trans. departed Caserma Ederle March 15 for the deployment.



Photo by Laura Kreider

Robo-cops: Force protection personnel, Garrison Command Sgt. Maj. Jeffrey Hartless and law enforcement leaders watch a demonstration of Talon robots outside the Military Police and Carabinieri stations April 6. The U.S. military uses the robots in combat zones for tasks such as improvised explosive device defeat, reconnaissance, hazardous materials detection, combat engineering and troop support. Law enforcement also uses the robots, including Italian police forces.

"We were interested in seeing the capabilities of the systems," said Andrea Terrell, physical security officer, Directorate of Emergency Services. "It was a good demonstration and helpful to let us know more about the systems being used by law enforcement and troops downrange."

Outlook Editor

# Employment search easier with online search engines, employment readiness program e-mails

continued from Page 1

There is really not a set format for writing resumes. The best guidance is that no matter what format is used, you need to be specific with describing your work experience and remember that you must convince the hiring manager that you are the best person for the job.

If a person wants to search for available APF and NAF employment on post, they can go directly to www.cpol.army.mil or www. usajobs.gov.

Other popular sites for employment are: https://acquisition.army.mil/asfi/default.cfm, www.serco-na.com, www.uso.org, www.redcross.org, www.saic.com/careers and www.aafes.com.

Each Web site provides application instructions. Other local agency positions are filtered through the Employment Readiness office, so the best way to be informed of these and all employment opportunities is to contact the ERPM and your name will be added to the weekly Employment Readiness Program distribution list.

You will receive weekly employment opportunity announcements and employment

readiness program information.

For those who don't have the required work experience, working with the Army Volunteer Corps is another way to strengthen a resume, while at the same time, helping the local community. The volunteer coordinator can be reached at 634-7942 or you can stop by Davis Hall, the ACS Bldg.

Community members can also improve their education during periods of unemployment. By improving their educational level they actually advance their career potential and will be more competitive in the job market. For available financial assistance, call 634-8524 or the Education Center at 634-8933.

The Employment Readiness program offers classes on resume preparation, job searching skills, interview skills and the Army Spouse Career Assessment Tool on the first, second and third Tuesday of every month from 10-11 a.m.

To sign up for the classes or for employment information, call 634-7500 or 634-6884. If a client can't make any of the scheduled classes, they can make an appointment by contacting the employment readiness program manager at 634-6884 or erp@vicenzamwr.com.

For job announcements, see page 8.

### The Outlook

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#### At your service



### **Army Emergency Relief**

**Mary Duenas** is an Army Emergency Relief specialist.

"AER provides emergency financial assistance to our active duty, retirees and their family members, surviving spouses, orphans, and activated Army National Guard and Reserve Soldiers," said Duenas. "AER also provides scholarship opportunities for spouses and dependent children."

Duenas is located at Davis Hall, Bldg. 108, Room 111. AER operating hours are Monday-Friday from 8 a.m.-5 p.m.

She can be reached at mary.duenas@eur.army. mil or 634-8524 or CIV 0444-71-8524.

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### Comprehensive Soldier Fitness

### CSF Calender of Events

- Family Art Day Scrapbook Project, Saturday, 10 a.m.-1 p.m., Art Center
- EFMP Bowling, Monday, 3:30-5:30 p.m., Arena
- Earth Day Art, Wednesday to April 23, Art Center (Wednesday 2:30-5:30 p.m., Thursday & Friday 9:30 a.m.-12:30 p.m.)
- Freddie FAP, Wednesday, 3-5 p.m., Davis Hall
- Finding the Balance class, techniques to increase resilience. Offered in the Army Wellness Center every other Wednesday
- Fitness and Metabolic testing available daily, Wellness Center
- Acrylic Painting class, Art Center, April 24.
- Sea Kayak in Lake Garda with Outdoor Recreation April 24.
- Karaoke Contest, April 24 at 8 p.m., Lion's Den. Top 3 singers awarded prizes.
- Family Bowling & Bingo, Arena, April 25, 5 p.m.
- Evening Story Time, April 21 form 6-7 p.m., Library
- Kid's Fest, April 24, 10 a.m.-1 p.m., Post Theater parking lot
- Send a Hug to Afghanistan, April 28, 3:30-4:30 p.m., Library
- Wacky Family Triathlon-SWIM, April 28, 6-8 p.m., post pool. Sign up deadline: April 23
- Wacky Family Triathlon-BIKE, April 29, 6-8 p.m., running track
- Wacky Family Triathlon-RUN, April 30, 6-8 p.m., running track
- FAP Breakfast Bash, April 30, 7-8 a.m., school cafeteria
- Safety Day, May 19, PX including drunk-driving simulator and alcohol-abuse prevention information.
- Holistic Wellness Retreat scheduled for June 12, 9 a.m.-4 p.m. A full day of classes designed to strengthen all areas of fitness, featuring yoga, meditation classes, stress relief and more. Lunch is included. The retreat is sponsored by Army Wellness Center-Vicenza, Chapel Services and MWR Sports, Fitness, and Aquatics.





Photo by Barbara Romano

USAREUR Commander Gen. Carter Ham walks with U.S. Army Africa Commander Maj. Gen. William B. Garrett III during a visit to Caserma Ederle April 1. Ham said Vicenza is leading the way in Europe in developing and integrating the Comprehensive Soldier Fitness program into the community.

# Vicenza CSF program gains attention of top commanders

By ANNETTE FOURNIER

USAG Vicenza Public Affairs Office

USAREUR Commander Gen. Carter Ham met with Vicenza's Comprehensive Soldier Fitness working group and Maj. Gen. William B. Garrett III, the U.S. Army Africa commanding general, to see how the programs and policies of CSF are being implemented and developed locally during a visit April 1 to Caserma Ederle.

Ham advocated sending the leadership of the CSF program at Vicenza to other European installations to give an overview of the Vicenza program, to share ideas and to provide lessons learned, Walls said.

Of specific interest to Ham was the working group's decision to add community to the title, unofficially dubbing the program the Comprehensive Soldier and Community Fitness program, Walls said.

"Ham indicated that Vicenza has taken a broader view of Comprehensive Soldier Fitness by including the community and going beyond the folks who wear ACUs," Walls said.

The working group is currently developing a plan for greater outreach by adding online resources and trying to develop a Vicenza CSF community on a platform such as Facebook.

Vicenza commander Garrett encouraged the CSF staff to use nontraditional methods, such as social media outlets like Facebook and Twitter to make information easily available to Soldiers and families.

"We want to push this information out to our community to be sure they know about all the people and programs here at Vicenza who are ready to support them," Garrett said. "Especially during deployments, it is key that we let our Soldiers, family members and civilians know that we are one community, one team, one family."

Brig. Gen. Rhonda Cornum, the Army director of the CSF program, will visit Vicenza in the coming months to update the community on CSF and learn from our success so she can share it Army-wide, Garrett said.

Cornum's itinerary will include meeting with the CSF working group, a presentation to Vicenza military community leaders and visits to the health center and Wellness Center.

"We're proud of how far our program has come," Garrett said. "If we can help our community be healthy, resilient and strong in body, mind and spirit, then we know we're doing our jobs right."

For more information on the CSF program, visit www.army.mil/csf/.

### Vicenza reaches 100 percent on GAT

**By ANNETTE FOURNIER**USAG Vicenza Public Affairs

As the May 31<sup>st</sup> deadline looms for Soldiers army-wide to complete the Global Assessment Tool, Vicenza troops are breathing easy.

The installation is at 100 percent completion for Soldiers, and leading the way in integrating programs into the community, said Megan Hallam, Health Promotion office.

The GAT, a 240-question confidential survey, is part of an Army-wide initiative focused on promoting holistic health for Soldiers, families and civilians.

Currently open to family members and scheduled to open to Department of the Army civilians in the future, the GAT measures a person's physical, emotional, social, family and spiritual strength, with the intention of helping individuals identify areas they can strengthen. The Army's goal to help produce resilient Soldiers, families and civilians spawned the Comprehensive Soldier Fitness program.

"The GAT is the foundational step in the CSF program and increases a person's awareness of their holistic personal fitness," Hallam said.

Also tied into the program is the Master Resilience Trainer program, which one Caserma Ederle-based NCO, Sgt. 1st Class Dedraf Blash of the Southern European Task Force, has already completed. Blash will serve as an advisor to the Vicenza CSF working group and will also provide unit-based resiliency training.

There are currently 622 MRTs certified, but the Army's eventual goal is having every drill and platoon sergeant qualified as MRTs, with a short-term goal of one MRT per battalion by the end of this fiscal year, according to Brig. Gen. Rhonda Cornum, CSF director.

Family members can take the GAT at www.army.mil/csf.

### Emotional wellness, life of purpose factors in happiness

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Sometimes that's OK. But, if you find that you now have 20 Italian leather purses you might want to try some other 'pick me ups.'

The 'tried and true' methods include exercise, relaxation, writing a journal, visualization, hot baths and massages. And now, research has now shown that there are other, more long lasting things that we can do to feel better.

The easiest of these we'll call 'Acts of Kindness." This is exactly as it sounds. It has been proven that when you do something nice for someone else, the good feeling lasts a lot longer than if you do something that "feels" good, such as eating dessert.

And, the million-dollar question: What has been found to have the most robust impact on emotional well-being and

happiness? Survey says – doing things each day that you feel are filled with meaning and purpose, and making these contributions from your personal strengths.

This one does take more thinking. What gives you the feeling that you have purpose and meaning in life? Here is where that journal you just started will come in handy. If you're not sure I recommend you try reading a book such as *Authentic Happiness* by Martin Seligman and try some of the questionnaires on his Web site. They will help you clarify what you think is most important to you. And, don't worry, we all have strengths. When we play to our strengths we feel more confident and are more successful. Give it a try.

Finally, SMILE, even if you don't feel like it. When you smile, people smile back and then soon you are feeling better too.

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## Discovering Southern Italy

### Gems of Gaeta, Sperlonga and Ercolano









April 15, 2010

### Story and photos by JOYCE COSTELLO

USAG Livorno Public Affairs

here is something adventurous about looking at a map and randomly picking a place to visit. This spring break, not wanting to brave the Naples traffic, my family and I ended up in a small town on Italy's western coast by Gaeta, home to the U.S. Navy flagship Mount Whitney.

Walking up the promenade into "old town", I felt like I had stepped back into the medieval ages, with the large 14th century baroque Annunziata Church and the 10th century Anjou-Aragonese castle towering over the city.

After exploring the many historic sites around the seaside, I passed a large copper memorial by the port that paid tribute to local navigator Giovanni Caboto, credited with the discovery of Canada in 1497.

However, nothing prepared me for the hike up Split mountain where, legend says, the mountain split in three when Jesus died.

Farther up the mountain is the Mausoleum of Lucius Munatius Plancus, one of Caesar's generals who died in 22 B.C. The view of Gaeta jutting out to sea was incredible from this vantage and makes the steep climb up the hill worth it.

The fresh food in the area is also exceptional. I went on a Gaeta Fleet and Family Support Center tour of one of the near-by buffalo mozzarella dairies and fell in love with the local cheese.

On the way back, we stopped in Sperlonga, which at first glance, looks like an ancient Roman resort movie set. However, it was also the dark home of Emperor Tiberius (second Roman Emperor). We were told he had a huge villa and grotto, but after a massive party was interrupted by an earthquake, he abandoned it for Capri around 26 A.D.

Today, you can visit the site which was excavated in the 1950s and the on-site museum which has amazing statues of Odysseys' ship and the blinding of Polyphemus (a cyclops). Standing in the grotto and looking out to sea, I couldn't help but think of Tiberius and the movies *I, Claudius, Ben-Hur* and *Caligula* 

We decided to travel further south along the historic Appia road (thinking, in Italy, all roads really do lead to Rome) to see what other gems we could find.

Bypassing Pompeii, we headed to the southeast suburbs outside of Naples to Ercolano, home to the ancient Roman town of Herculaneum that was also destroyed by the 79 A.D. eruption of Mount Vesuvius.

It had once been buried under 20 meters of ash and wasn't discovered again until the 1700s.

When you first approach the site, you are overlooking it from the ridge and it's hard to imagine how anyone could have unearthed this city with the modern house perched on its perimeter.

Walking through the wonderfully preserved town, through the villas still beautifully painted, I couldn't help but look warily at Mount Vesuvius towering above and wondering who willingly lives at the foot of a volcano.

With my week-long adventure coming to a close, I made a mental plan to live vicariously and plan my next vacation just as randomly.

Learn more about what Southern Italy has to offer with help from the U.S. Navy MWR at www.mwritt.org.

(Top to bottom) Visitors can enjoy a stroll down the promenade from Gaeta Navy base to old town Gaeta, see the grotto of Tiberius, the ruins of Herculaneum discovered in 1700s and watch Casabianca workers turns fresh buffalo milk into mozzarella.

# Darby ates

#### **Community Yard Sale**

There will be a Community Yard Sale at the Darby Community Club April 24 from 10 a.m. to 2 p.m. Gently-used items, handmade crafts and baked goods are welcome. Sellers fee of \$10. Reserve your space by calling DSN 633-7855 by April 22.

#### ITR Trips

Join ITR April 24 for the 74th International Handicraft Fair, an arts & crafts fair including mosaics, leather, jewelry, lace, glassware and ceramics.

Call ITR for more information at 633-7589

#### Financial classes

Learn the difference between banks and Credit Unions Tuesday. Improve your budgeting and record-keeping April 22.

Call ACS for more information at 633-7084.

#### Multicultural Spouses Meeting

Obtain valuable information on medical services, employment, immigration and naturalization services, driver's license, ESL and more Wednesday.

Call ACS for more information at 633-7084.

#### Unit/Rec Softball League

Turn in your team roster for the Unit/Rec Softball League at Sports & Fitness or call 633-7440 before April 30.

Call Sports & Fitness for more information at 633-7440.

#### Beach Splash

Come to the Beach Splash on April 23 at the DCC to rent your seasonal umbrellas and sign up for a free umbrella drawing.

Call Sports & Fitness for more information at 633-7440.

#### Earth Day

Camp Darby Community will celebrate Earth Day April 22 with a display in the commissary parking lot from 11 a.m.-2 p.m. The events will feature environmental tips from subject matter experts, waste disposal presentations by the Pisa and Livorno waste contractors and information on local fauna and flora.

### Camp Darby religious activities

For details, call the chapel at 633-7267 (050-54-7267).

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass 11:15 a.m.: Protestant worship

10 a.m.: Protestant Sunday school

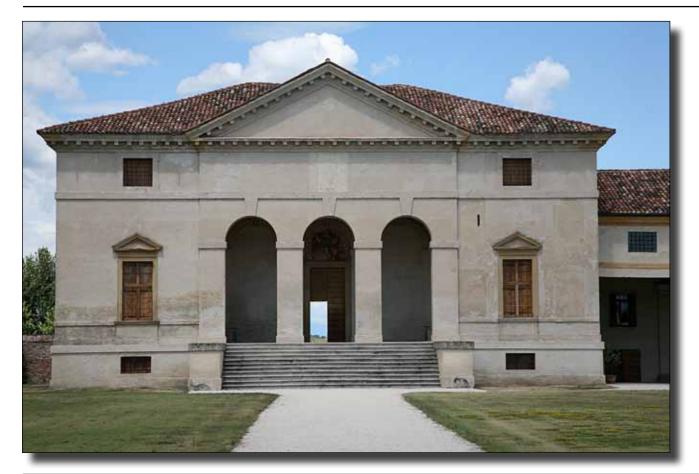
11:15 a.m.: Catholic CCD Christian Men's Bible study is every Thursday at 5 p.m. in Mertz

Hall at the Darby Chapel.
Protestant Women of the
Chapel Bible study meets
Tuesday from noon to 1 p.m. and

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Wednesdays from 5:30-6:30 p.m.



### Visiting villas:

Community members who would like to visit some of the area's venerable villas can stop by Villa Saraceno, located at Via Finale 8 in Agugliaro, about 17 miles south of Vicenza. Hours of operation are 2 to 4 p.m. Wednesdays from April 1 to Oct. 31. Admission is free, but visitors are welcome to leave a donation. For information, call 0444-891-371

BACKGROUND: Villa Saraceno was commissioned to Andrea Palladio in 1548 by a high-ranking public figure, Biagio Saraceno. Its design can be found in Palladio's *The Four Books of Architecture*. The villa has been recently restored by the English building preservation charity organization, The Landmark Trust, and has been turned into a venue for cultural events and a tourist residence.

Information and photo courtesy of Vicenza è

### Local festivals & shows

A Walk with Palladio: April 24 – Oct. 3. Discover Palladio's works in downtown Vicenza and some of his most important villas in surrounding towns. Saturday downtown tour on foot, 2:30p.m. – 5:30p.m, 11 euro. Sunday bus tour leaves from Viale Roma (Campo Marzio) 9 a.m. - 3:45 p.m., 12 euro or 9 a.m. -5:30 p.m., 15 euro. This tour also includes a visit to Bassano del Grappa's historical center and to the Alpini's Bridge. English tour guide provided.

For information and bookings visit http://www.palladio2008. info/html/news/evento.php?idEvento=78&idCat=0 or e-mail info@vicenzae.org.

Su e Zo Per i Ponti: Up and down over the bridges, Venice, April 18. This is a 13 km, noncompetitive walk which crosses 53 bridges in Venice. Start and arrival is at Piazza San Marco. The event starts at 9:30 a.m. in St. Mark's Square with a flagraising ceremony. Walk starts at 10 a.m. Registration fee: 6 euro. All participants will receive a medal upon finishing the walk.

For more information in English, visit http://www.tgseurogroup.it/suezo/en/informazioni\_en.htm.

ECOS -Ecology, environment and alternative energy fair: Friday – Sunday, in Mussolente, Via Pavane 3, about 25 miles northeast of Vicenza. Friday & Monday, 5-10 p.m.; Saturday 3-9 p.m.; Sunday 9:30 a.m.-8 p.m.; Entry: 5 euro; free for children under 4.

Vintage cars exhibition and vintage auto parts Fair: Saturday 8:30 a.m.-6 p.m. and Sunday 8 a.m. - 5 p.m., in Vicenza, Via dell'Oreficeria, 16. Admission: 9 euro. Reduced 5 euro for women and youth ages 14-17. Free for

children under 14.

White Asparagus exhibit and market: Sunday, Bassano del Grappa, Piazza Libertà, about 22 miles northeast of Vicenza.

International Boat Show: Thursday - Sunday, 10 a.m. - 7 p.m. in Venice, Stazione Marittima, Building 103. Admission fee: 13 euro.

**Spring colors and flavors:** Sunday, 9 a.m.-8 p.m.in Vicenza, Corso Fogazzaro.

San Marco Festival: Friday – Sunday, 7 p.m. - 10 p.m., in Muzzolon – Cornedo Vicentino, about 21 miles northwest of Vicenza. Food booths featuring fritole (doughnuts) and other local products; wine and grappa free tasting. Live music and carnival rides.

European products market: Friday – Sunday, in Montecchio Maggiore, Piazza Marconi, about 12 miles west of Vicenza.

Free sampling and sale of many European specialties, from salted smoked raw ham hot dogs to wild boar sausages; exhibit and sale of wood carving handicrafts, jewelry and ethnic clothing. On Sunday, 2:30 p.m., 1st flag-fliers tournament organized by the Company of Arms San Vitale (http://www.compagniasanvitale.it/inglese.htm)

Flower Festival: Sunday, 8 a.m.-8 p.m., in Este, about 28 miles south of Vicenza. Flower exhibit and market; 9 a.m., 11:30 a.m., 1 p.m., and 2 p.m. Floral art workshops; 10 a.m., noon, and 3 p.m. colors and floral workshops for children; Free entrance to Atestino National Museum, Via G. Negri.

Jacopo Bassano and the Wonderful Optical Illusion Exhibition: ongoing through June

13, open daily 9 a.m.-7 p.m., in Bassano del Grappa, Museo Civico, Piazza Garibaldi 4, about 22 miles northeast of Vicenza.

The exhibition is a series of tributes to Jacopo Bassano marking 500 years since his birth. Born as Jacopo da Ponte, he later assumed the name of his birthplace. Admission: 9 euro. Reduced 7.50 euro for children 10-18 and senior citizens over 60.

To buy your ticket online, visit http://www.teleart.org/start/inizio.php?idSito=401.

Antique Fair: April Saturday - April 25, in Pordenone, Viale Treviso 1, about 92 miles northeast of Vicenza. Monday-Friday 3-8 p.m.; Saturday-Sunday 10 a.m.-8 p.m. European and Asian classical and antique furniture, china, lamps, western-style furniture, carpets, oil paintings, carvings and much more. Admission fee: 10 euro.

\*Free entrance to American Soldiers and reduced admission (5 euro) to Soldiers' family members or their civilian American friends. Free entrance for children under 12. \*If you plan to go, please request a copy of the e-mail from the organizer stating the free entrance for American Soldiers. Send your request to anna.terracino@eur. army.mil.

Women in Ancient Greece: in Vicenza, Palazzo Leoni Montanari, Contrà Santa Corora, 25, ongoing through May 9. Open from Tuesday to Sunday, 10 a.m.-6 p.m. A ceramics collection from Attica and Magna Graecia offers a journey back in time and into history, through images painted on Greek ceramics depicting a cross-section view of women's life. Admission: 4 euro. English audio guides available.

**English movies:** The Odeon Theater in Vicenza, Corso Palladio 176, is featuring movies in English. Invictus shows Monday 4, 6:30,

and 9 p.m. Tickets cost 6 euro.

Visit www.mymovies.it/cinema/vicenza/6217/. This is the last movie in English until October.

### Free local events

Montecchio Heartbeats Contest: today, 9 p.m., in Montecchio Maggiore, E20 Underground, Via Puccini 4, about 12 miles west of Vicenza

**Punk & Alternative live music:** Friday, 9 p.m. in Polegge, Equobar, Via Marosticana, 350.

Conservatory students in concert: Saturday, 5 p.m., in Vicenza, S. Chiara Chapel, Contrà Santa Chiara.

**Noise-post-rock live:** Saturday, 9 p.m., Equobar, in Polegge, Equobar, Via Marosticana, 350.

**Four Mills Music:** Evening with The Gladiator Sound DJ: Saturday, 8:30 p.m.-midnight, in

Bolzano Vicentino, Piazzale Oppi, about 8 miles northeast of Vicenza.

Concert for Haiti: Sunday, 8:45 p.m., in Sovizzo, Saint Maria Assunta Church, Via Roma, about 7 miles west of Vicenza. Donations benefit UNICEF Haiti relief efforts.

Live Jazz with Petrina: Sunday, 9:15 p.m., in Marostica, Panic Jazz Club, Piazza degli Scacchi, about 18 miles north of Vicenza.

#### **Concerts**

**Drop Simpler:** (Includes Caserma Ederle musicians), Friday, 7:30 p.m., Il Dragone, Via Della Robbia, 15

Alicia Keys: May 2 in Verona Whitney Houston: May 3 in Milan, Assago, Mediolanum Forum; May 4 in Rome.

Tickets are available at Media World, Palladio Shopping Center or http://www.greenticket.it/index. html?imposta\_lingua=ing or http://www.ticketone.it/EN/.

### **Now Showing**

#### **Ederle Theater**

Thursday	Edge of Darkness (R)	6 p.m.
Friday	The Tooth Fairy (PG)	6 p.m.
-	From Paris with Love (R)	9 p.m.
Saturday	Date Night (PG 13)	3 p.m.
_	Wolfman (R)	6 p.m.
Sunday	Date Night (PG 13)	3 p.m.
	From Paris with Love (R)	6 p.m.
Wed.	Wolfman (R)	6 p.m.
April 22	Wolfman (R)	6 p.m.
	Comp Dorby Thootor	

#### **Camp Darby Theater**

Friday	From Paris with Love (R)	6 p.m.
Saturday	Wolfman (R)	6 p.m.
Sunday	How to Train Your Dragon (PG)	1 p.m.
April 22	Dear John (PG 13)	6 p.m.

Admission: Age 12 and up \$4, under 12, \$2. The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and the schedule online at http://www.aafes.com/ems/euro/vicenza.htm or http://www.aafes.com/ems/euro/livorno.htm.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

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## **Community briefs**

#### VCC flea market

The Vicenza Community Club will host a flea market April 24 from 9 a.m. to 2 p.m. at the Ederle Inn parking lot. Sign up by Wednesday to set up and sell items. Cost is \$15 per lined parking spot. Vendors are responsible for set-up, clean-up, trash removal and supplying their own chairs and tables.

Contact mocrone@alice.it or 347-696-9243 for information.

#### Earth Day

The community is invited to the PX April 22 from 10 a.m.-2 p.m. to learn about energy conservation and to receive free energy savings promotional items.

#### Fun events slated for Military Child Month

April is the Month of the Military Child and Child Abuse Prevention Month. Many events are planned for the month and most are free. Visit the MWR.com community calendar for complete listing. The upcoming week's events include:

- Earth Art Day from Wednesday - April 23 at the Art Center
- Wear your PJ's for evening story time at the library April 21
- Kids Fest in the post theater parking lot April 24

For more information, call 634-7206.

#### April book club

The book club will discuss The Lovely Bones by best selling author Alice Sebold April 22 and 25.

The morning session begins at 10:30 a.m.; the afternoon session begins at 5:30 p.m. at the library.

Call 634-7500 or e-mail Caitlin. beauchamp@eur.army.mil for info.

#### Scholarships available

Scholarship information is available at:

- www.campuschamps.com
- www.fastweb.com
- www.students.gov
- www.ncaa.org

#### MOMS Club events

- April 15: Park Playdate 4 p.m. ■ Friday: 10 am Walk the Track, & MOMS Night Out 7 p.m.
- Monday: Book Club 10:30
- Wednesday: Pre-school Playgroup 4 p.m.
- April 23: Walk the Track 10 a.m., 11 a.m. Infant Playgroup
- April 26: Monthly Meeting
  - April 27: 10 a.m. Toddler

Playgroup

- April 28: 9 a.m. Zoo Trip
- April 30: Out and About 9:30 a.m., 10 a.m. Walk the Track

#### Learn about Tricare and health care reform

To learn more about the recentlysigned Patient Protection and Affordable Care Act and TRICARE benefits, beneficiaries can visit http:www.tricare.mil.

#### Spring clean-up

The garrison's annual spring clean-up is at 9 a.m. until finished April 22 on the installation and in the housing areas and other military-controlled areas in celebration of Earth Day.

#### Get the details, let us explain PFCC to you

The Vicenza Health Center is offering information on the Patient and Family Centered Care to Family Readiness Groups. If you would like to have a clinic representative speak about Patient and Family Centered Care during an FRG meeting, call 634-7952.

#### At your USO

USO Vicenza, Bldg. 9A-Warrior Transition Unit, invites you to B.Y.O.S. Friday Night Grill-Outs every Friday night at 5:05 p.m., weather permitting. Bring your own steak or meat of choice. USO will provide sides and beverages. Donations are accepted.

Call 634-7156 for information.

#### **Days of Remembrance**

There will be a self-paced walkthrough Holocaust display from 9 a.m.-3 p.m. Friday at the post theater. Special presentations on the personal responsibility of individuals who witness crimes against humanity from 10-11 a.m. and 2-3 p.m. at the post theater.

#### Got issues? SAC wants to know

The next VES SAC meeting is Monday at 3:30 p.m. in the VES conference room. Submit any issues you want to discuss to sac. vicenzaelementary@yahoo.com.

#### Volunteers invited to May luncheons

The community and youth volunteer recognition luncheons and ceremonies are scheduled May 5 and 11. Volunteers who are registered at and have logged hours on www.myarmyonesource.com will be invited to the ceremony.

#### **VCC lunch**

The Vicenza Community Club's members-only April luncheon is Wednesday from 11:30 a.m.-1 p.m. at the Arena. Join us to vote for next year's VCC Board, bingo and free lunch. RSVP by Friday. For more information e-mail vcc. reservations@gmail.com

#### **Arts & Crafts Center**

- Intro to Framing, Saturday, 10 a.m. -2 p.m, Art Center. Call 634-7074 to register.
- Basic Wheel Throwing is a two part class that includes instruction on the wheel, clay bodies, firing, glazing and various studio equipment. Class begins April 23 and includes a practice card good for reduced studio fees.
- Acrylic painting class, for painters of all levels. Class begins April 24.

#### **Lunch Bistro Series**

You are invited to join us for lunch April 28 at 11:30 a.m. - 1 p.m. Our next topic will be on "Enjoying the Agriturismo Experience".

#### **Retirement Ceremony**

There will be a retirement ceremony April 15 at 3 p.m. in the post theater. The community is invited to attend to honor the retirees.

#### **Financial Readiness** class

Don't wait too long to start saving. It's a mistake to wait till you earn more money. ACS Financial Readiness workshop on April 20 at 9 a.m. can show you how.

Call 634-7500 to register.

#### AFTB Level I training

Surviving and Thriving in the Army teaches how the Army works; includes mission and expectations, benefits and entitlements, acronyms, customs and courtesies and community resources. The next session is April 20.

Reserve your space now by calling 634-7500.

#### Photography club

Faces Photography Club is an amateur group that meets the 2nd and last Saturday of each month from 1-3 p.m. at the Post Library. It's free and you can learn from others about taking photos, getting your photo taken and how to achieve the most from your camera. You must bring your own camera.

Call 348-592-5339 for more information.

#### **BOSS**

Single Soldiers can win prizes for meeting the Commissary Commando Challenge. The competition begins in May.

For information visit www. commissaries.com or talk to your B.O.S.S. representative.

#### **Estate claims**

Anyone having any claims on or obligations to the estate of Pvt. Nicholas S. Cook of B. Company, 2nd Battalion, 503rd Infantry Regiment, should contact the summary courts martial officer, 2nd Lt. Steven J. Swanson at DSN 634-7065.

#### Check student grades online

Register at https://dodea. gradespeed.net/gs/Default.aspx to keep in touch with teachers and to check your student's grades.

■ If your main e-mail goes to the sponsor who is deployed, send the school an e-mail notification so that the spouse who is on the homefront can receive information from the school.

#### Early school registration

Early registration for Vicenza Elementary School is April 22-23 at the elementary school.

All children, even returning students, must be re-registered for school.

#### INFO-X

The INFO-X will be April 28 at the Arena. Everyone in the community is invited to attend or listen on AFN.

#### **Teddy Bear project**

The Junior Girl Scout Troop 35 is collecting stuffed animals for the military police to give to children in emergencies to comfort

For more information, call Anna Sepanic at 327-573-8620.

#### Community **Calendar Highlights**

Friday: Days of Remembrance Service at Post Theater April 22: Earth Day

May 5: Community Volunteer Recognition Luncheon

May 11: Youth Volunteer Recognition

#### Religious activities

#### **Chaplain Crisis Line** To speak with a chaplain after hours, call 634-KARE

#### **Sunday services**

(634-5273).

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass

(Daily Mass is held weekdays at noon)

9 a.m.: Protestant Sunday school and AWANAs (September-May at Vicenza High School)

**10:45 a.m.:** Catholic religious education (September-May at Vicenza High School)

11 a.m.: Protestant worship 1:30 p.m.: Full Gospel Pentecostal worship

5 p.m.: Contemporary Christian service

#### **Mondays**

Noon: LDS scripture study

#### **Tuesdays**

9:15 a.m.: Protestant Women of the Chapel

#### Wednesdays

3 p.m.: Praise dance practice

3:30 p.m.: Middle School Club Beyond meets in VHS cafeteria September-May 5 p.m.: Contemporary

Praise band practice 5:30 p.m.: PWOC evening

Bible study (beginning Sept. 8. Child care offered for children ages 6 weeks to 4 years.)

5:30 p.m.: High School Club Beyond meets at the Teen Center September-May. Call 340-139-4073 for information.

**5:30 p.m.:** Catholic choir practice

6:45 p.m.: Gospel choir practice

#### **Thursdays**

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal 7:15 p.m.: Gospel service

#### Faith group contacts

Bible study

Islamic: Spc. Kasimov, 329-034-3511.

Jewish: Sandy Schoenberg at 634-6202 or sandy. schoenberg@eur. army.mil. Latter Day Saints: Scripture study held Mondays, noon - 1 p.m. at chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Call Sean Peterson at 335-821-9492. Call the Caserma Ederle

chapel at 634-7519 (0444-71-7519) for religious activities information.

Photo by Laura Kreider



#### **Ornaments for heroes:**

(From left) Aerianne Tomas, 8, Viola Perfetti, 8, Sofia Perfetti, 6, and Jasmin Taylor, 9, create ornaments at the School Age Services April 8 as part of the project focused on creating a Vicenza Hero Tree. To create the ornaments, the children placed photos of deployed Soldiers in frames they had decorated.

The ornaments were placed on the Hero Tree at the opening ceremony held at the library April 9. Michelle Sterkowicz, Arts and Crafts center director, assisted the children while working on their creations to make their ornament.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon Monday or by Friday at 4 p.m. if Monday is a holiday.

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### Defensive play: self

defense classes will be offered April 22 and 29 from 4:15- 5 p.m. at the fitness center.

The interactive class involves practicing defensive moves. Call 634-7500 or e-mail Caitlin. beauchamp@eur. army.mil to sign up.

File photo



#### **CYSS hosts first Annual Fun**

Run: Two children receive their medals for participating in the first annual Child and Youth School Services Kids' Fun Run April 2. More than 120 children participated in the event celebrating the start of the Month of the Military Child and the CYSS Track season. "I'm pleased with the high turn-out and energy the community exhibited," said Sky Clarke, the event organizer. "We had children ages 3 to 18 years of age participating."

The kids ran either a half- or one-mile to receive a medal. Josh Gwinn, director of the Directorate of Family, Morale, Welfare and Recreation, joined Chuck Walls, deputy garrison commander, to show support for the runners and to help hand out the awards.

During the month of April, CYSS will be offering numerous events to support and celebrate the military children at Vicenza. For more information on these events, stop by CYSS Parent Central Services in Davis Hall or call 634-7219.

For more information on CYSS sports, contact Sky Clarke, individual sports specialist, at 634-6151.

Courtesy photo

#### **DODGE BALL** Soldier League Standings

Team	Win	Loss
46th MP Po Po's	10	0
Cup Cakes	1	8
Lame Ducks	6	4
AFN Vicenza	2	1
Two Tons of Irony	1	5
Health Clinic	3	6

### Game Scores April 1

Health Clinic 6 vs. Po Po's 2

#### April 7

Health Clinic 6 Cup Cakes 3 Lame Ducks 4 vs. Po Po' 6

#### April 8 Cup Cakes 1 vs. Po Po's 6

Health Clinic 6 vs.Lame Ducks 5

■ Two Tons of Irony and AFN had to drop from the league due to personnel obligations.

Unit/recreational volleyball open play takes place at the fitness center every Tuesday at 6:30 p.m.

#### Job openings

#### **DFMWR**

DFMWR has the following openings: Child and youth program assistant, hotel desk clerk, custodial worker, recreation aide/assistant (lifeguard), recreation aide/assistant, lead child/youth program, bartender, operations assistant, food service worker, cook, laborer and waiter/waitress.

Stop by Bldg. 249 (co-located with SATO) or call 634-7349/6597/for more information.

#### **AAFES** positions

AAFES has three open positions locally: Food service worker for Taco Bell, senior store associate at the Car Care Center and automotive worker for Car Care Center.

Visit www.aafes.com and search under the employment tab to apply.

#### Artistic director

The NAF Contracting Office is seeking an artistic director to be contracted for one year, effective May 1.

Qualifications: a minimum of a B.A. in Theatre, preferred is a M.A. in the Music and Theatre field. Substantial experience with military community theatres and Soldier entertainment is critical. For more information or to apply call NAF Contracting Office at 634-7234.

#### UMUC job opening

There is a job opening at UMUC as National Testing Center administrator in Vicenza. This is a part-time position that would require a minimum of 30 hours per week. The NTC administrator would proctor exams, maintain the computer lab system and monitor lab usage. For information or

to apply, call 634-7055 or e-mail edhrjobs@ed.umuc.edu.

#### **CTC** openings

Central Texas College has two part time positions available for a counselor aide substitute and a substitute test examiner. The positions are open immediately until filled.

For more information or to apply, contact Jennifer McNeese at DSN 634-8923 or 0444-717-162, or e-mail Jennifer.mcneese@europe.ctcd.edu.

#### Child care providers needed

The FCC is seeking home child care providers. Providers earn fees, and can gain subsidies to increase their income. The income is considered "foreign earned income" and is tax-free.

To find out more about becoming a FCC provider, call 634-7615. Parents seeking a FCC home provider can visit Parent Central Services.

#### **Quality Assurance Specialist**

Defense Contract Management Agency is seeking a quality control specialist. For information, contact the employment readiness program manager at 634-6884

#### **Health Promotion officer**

The USAG Vicenza Garrison is seeking a Health Promotion Officer to coordinate the Community Health Promotion Council for the respective U.S. Army Garrison – integrating community, mission, and medical agencies to identify redundancies and voids of programs and services by evaluating population needs, assessing existing programs and coordinating

interventions towards high risk populations.

POC for this action is Megan Hallam, Health Promotion Officer, USAPHCR-Europe, DSN 634-8828, megan.hallam@eur.army.mil or contact USACHPPM-EUR, DSN 486-7099. The closing date is May 10.

#### Youth apprenticeships

The HIRED! Program offers apprentice positions for youth ages 15-18, and a chance to explore work experience in a career path that they select, a path aligned with specific collegiate or vocational course study. They will also receive workforce training preparation and college exploration workshops along with a cash stipend.

Call 634-7615 for information.

#### Youth summer jobs

Vicenza family members ages 14-22 can apply for the Summer Hire program through May 7 for jobs in the clerical, labor and child development fields. Positions pay \$5.50 per hour. Applicants are advised to select all three job options for a better chance at getting a position.

For more information, call 634-7371/7615/6589.

#### Job search sites

To search government jobs, visit www. usajobs.gov or www.cpol.army.mil. Other job sites that have listings for Vicenza are: https://acquisition.army.mil/asfi/default.cfm, www.serco-na.com, www.uso.org, www.redcross.org, www.saic.com/careers and www.aafes.com.

For more information, contact the employment assistance office at DSN 634-6884 or CIV 0444-71-6884.

# **S**ports horts

#### Wellness classes

The Vicenza Wellness Center will host Finding the Balance every other Wednesday from 10:30-11:30 a.m.

Call 634-8186 for information.

#### Volunteer with Mako Sharks swim team

The Mako Sharks are looking for adults to volunteer with summer conditioning or the fall competitive season.

Swimmers are elementary through high school ages and compete in the European Forces Swim League.

Call 0444-91-2612 or e-mail john.j.casey@us.army.mil for information.

### Minor baseball hosting Italian teams weekly

The CYSS Sports & Fitness Minor Baseball league for 8 - 9 year olds will host the Vicenza Palladio Mini Baseball Team every Friday, April 23 - May 28, at the Villaggio baseball field.

For information, call Alex Ruiz at DSN 634-6151.

#### Walk 4 Freedom

Sign-ups for the Walk 4 Freedom continue at the Army Wellness Center until April 30. Participants in the free program are eligible to win prizes.

Call DSN 634-8186 or CIV 0444-71-8186 for information.

#### **Lifeguard Certification**

A lifeguard certification class is Sunday at the post pool. The cost is \$145.

Call 634-5181 to find out how to begin your pool-side career.

#### **Wellness Retreat**

A holistic wellness retreat is set for June 12 from 9 a.m.-4 p.m. at the Post Fitness Center, including a full day of classes designed to strengthen all areas of fitness, such as yoga, meditation and stress relief. Lunch is included. For more information call 634-8186.

#### Metabolic testing

Fitness and Metabolic testing is available at the Army Wellness Center to assist community members in creating an exercise plan. During the fitness test the Wellness Center staff will measure current fitness levels to enable community members to track their progress.

Call DSN 634-8186 to schedule an appointment.

#### Skateboard building

Youth in grades 6-12 can assemble and customize their own skateboard at the Art Center April 23. Space is limited.

Call 634-7502 for more information.

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